

Weekly Menu



Roedeans Moira House Lunch Menu – Autumn Term Week 7

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Spaghetti Bolognese Garlic Bread	Main Course Pork and bean casserole New potatoes	Main Course Roast Breast of chicken wrapped in bacon roast potatoes	Main Course Chicken Curry Boiled Rice Poppadum's	Main Course Fish "N" Chips	Chefs Dish of the Day	Brunch served 12.00-13.00
Vegetarian Option Vegimince Bolognese	Vegetarian Option Baked Mushroom With Puy Lentils	Vegetarian Option Courgette and Spinach penne au Gratin	Vegetarian Option Sweet Potato Red Pepper & Chickpea Tagine	Vegetarian Option Haloumi and Roasted Veg Stacks	Vegetarian Option Chefs Dish of the Day	Scrambled egg Grilled back bacon Pork sausage Hash browns Baked beans
Snack Item Jacket Potato	Snack Item Sausage roll	Snack Item Cheese and herb soufflé	Snack Item Cornish pasties	Snack Item Cheese and herb muffin		Sautéed button mushrooms Grilled tomatoes White or brown toast Croissants Fresh fruit
Side Dishes Peas Broccoli	Side Dishes Savoy Cabbage Carrots	Side Dishes Kurly Kale Green Beans	Side Dishes Medley of Seasonal Vegetables	Side Dishes Baked beans Garden Peas	Side Dishes	
Full salad Carte, Cheese Plate, Wraps and Sandwiches, Jelly pots and Chunky Fruit Pots						
Hot Dessert Chocolate Brownies	Hot Dessert Apple and Raspberry Pie	Hot Dessert Fresh Fruit Salad	Hot Dessert Brioche and Chocolate Pudding	Hot Dessert Pear and Apple crumble	Hot Dessert	

Weekly Menu



Roedeans Moira House Lunch Menu – Autumn Term Week 8

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Parmesan crusted chicken breast stuffed with mozzarella and pesto, spicy tomato sauce. Potato wedges						
Vegetarian Option Vegetarian Tex Mex						
Snack Item Jacket potato and beans						
Side Dishes Broccoli Sweetcorn						
Hot Dessert Baked Peach with Mascarpone Biscotti Crumb						

Weekly Menu



Roedeans Moira House Lunch Menu – Autumn Term Week 9

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Sweet & Sour Chicken Hong Kong Style Boiled Rice	Main Course Beef Lasagne Home-made Garlic Bread	Main Course Roast Chicken Supreme with Yorkshire Pudding Roast Potatoes	Main Course Pork Stroganoff and rice	Main Course Fish N Chips	Chefs Dish of the Day	Brunch served 12.00-13.00
Vegetarian Option Roasted Ratatouille Butternut squash	Vegetarian Option Aubergine Tikka Masala	Vegetarian Option Mushroom & Celeriac Roast	Vegetarian Option Spaghetti with Artichoke, Spinach and Basil Dressing	Vegetarian Option Italian Stuffed Peppers		Scrambled egg Grilled back bacon Pork sausage Hash browns Baked bean
Snack Item Sausage roll	Snack Item Baked fish cakes	Snack Item Cheese muffins	Snack Item Chicken and leek sausages	Snack Item Beef and ale pie		Sautéed button mushrooms Grilled tomatoes White or brown toast Croissants
Side Dishes Broccoli Sweetcorn	Side Dishes Curly Kale Green Beans	Side Dishes Sweetheart Cabbage Baton Carrots	Side Dishes Medley of Vegetables	Side Dishes Garden Peas Baked beans		
Full salad Carte, Cheese Plate, Wraps and Sandwiches, Jelly pots and Chunky Fruit Platter						
Hot Dessert Chocolate Brownies	Hot Dessert Apple & Raspberry Crumble	Dessert Fruit salad	Hot Dessert Rice Pudding with Berry Compote	Hot Dessert Apple & Blueberry Sponge		