

Weekly Menu



Roedeans Moira House Lunch Menu – Autumn Term Week 10

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Braised Chicken breast Tomato and basil sauce Penne pasta	Main Course Beef Bourginonne and	Main Course Roast loin of pork, apple sauce, roast potatoes	Main Course Turkey curry and rice poppadum's	Main Course Breaded Plaice fillet Grilled trout fillet roasted cherry tomato and basil pesto House chips	Chefs dish of the day	Brunch served 12.00-13.00
Vegetarian Option Frittata	Vegetarian Option Sweet Potato Red Pepper & Chickpea Tagine	Vegetarian Option Courgette and Spinach penne au Gratin	Vegetarian Option Potato gnocchi tomato and basil sauce	Vegetarian Option Aubergine and befeater tomato Stacks	Vegetarian Option	Scrambled egg Grilled back bacon Pork sausage Hash browns Baked beans
Snack Item Cornish pasty	Snack Item Baked fish cakes	Snack Item Cheese slice	Snack Item Savoury Muffin	Snack Item Sausage roll	Snack item	Sautéed button mushrooms Grilled tomatoes White or brown toast Croissants
Side Dishes Broccoli Steamed cauliflower	Side Dishes Braised red cabbage and cranberries Baton carrots	Side Dishes Kurlly Kale Green Beans	Side Dishes Medley of Seasonal Vegetables	Side Dishes Baked beans Garden Peas	Side Dishes	
Full salad Carte, Cheese Plate, wraps and Sandwiches, Homemade cold desserts, Jelly pots and Chunky Fruit Platter						
Hot Dessert Rhubarb Apple and Ginger Crumble	Hot Dessert Brioche and Toffee Pudding	Dessert Fresh Fruit Salad	Hot Dessert Lemon pancakes	Hot Dessert Pear and Apple Jalousie	Dessert	