

Weekly Menu



Roedeans Moira House Lunch Menu – Autumn Term Week 12

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Monday Sweet and sour Chicken with steamed rice	Tuesday Beef Lasagne Garlic bread	Wednesday Honey roasted gammon with roast potatoes	Thursday Turkey escalope with tomato sauce	Friday Fish N Chips	Saturday Chefs dish of the day	Sunday
Vegetarian Option Grilled butternut squash with roasted Ratatouille	Vegetarian Option Penne pasta and pesto	Vegetarian Option Mushroom stroganoff and rice	Vegetarian Option Spaghetti with Artichoke, Spinach and Basil Dressing	Vegetarian Option Italian Stuffed Peppers		Scrambled egg Grilled back bacon Pork sausage Hash browns Baked beans
Snack Item Jacket potatoes	Snack Item Baked fish cakes	Snack Item Cheese and herb muffin	Snack Item Piri piri chicken wings	Snack Item Baked sausage roll		White or brown toast Croissants Fresh fruit
Side Dishes Broccoli Sweetcorn	Side Dishes Curly Kale Green Beans	Side Dishes Sweetheart Cabbage Baton Carrots	Side Dishes Medley of Vegetables	Side Dishes Garden Peas Mushy Peas		
Salad carte, Cheese Plate, wraps and Sandwiches, Jelly pots and Chunky Fruit pots						
Hot Dessert Hot Chocolate brownie and cream	Hot Dessert Apple & Raspberry Pie	Hot Dessert Fresh Fruit Salad	Hot Dessert Cornflake cake and custard	Hot Dessert Baked rice pudding and cream		