



Moira House Lunch Menu – Autumn Term Week 4

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Braised Chicken breast Tomato and basil sauce Penne pasta	Main Course Turkey Curry Boiled Rice Poppadum's	Main Course Roast loin of pork, apple sauce, roast potatoes	Main Course Pepperoni Pizza Sauté potatoes	Main Course Battered cod fillet Grilled trout fillet parsley butter House chips	Chefs dish of the day	Brunch served 12.00-13.00
Vegetarian Option Frittata	Vegetarian Option Sweet Potato Red Pepper & Chickpea Tagine	Vegetarian Option Courgette and Spinach penne au Gratin	Vegetarian Option Margareta pizza	Vegetarian Option Aubergine and beefeater tomato Stacks	Vegetarian Option	Scrambled egg Grilled back bacon Pork sausage Hash browns Baked beans
Snack Item Cornish pasty	Snack Item Baked fish cakes	Snack Item Cheese slice	Snack Item Savoury Muffin	Snack Item Sausage roll	Snack item	Sautéed button mushrooms Grilled tomatoes White or brown toast Croissants
Side Dishes Broccoli Baton carrots	Side Dishes Steamed cauliflower Green cabbage	Side Dishes Kurlly Kale Green Beans	Side Dishes Medley of Seasonal Vegetables	Side Dishes Baked beans Garden Peas	Side Dishes	
Full salad Carte, Cheese Plate, wraps and Sandwiches, Homemade cold desserts, Jelly pots and Chunky Fruit Platter						
Hot Dessert Rice pudding and jam	Hot Dessert Lemon pancakes	Hot Dessert Rhubarb Apple and Ginger Crumble	Hot Dessert Brioche and Chocolate Pudding	Hot Dessert Pear and Apple Jalousie	Dessert Chocolate doughnuts	



Weekly Menu



Moira House Lunch Menu - Week 5

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Chicken and leek pie New potatoes	Main Course Greek beef pasta	Main Course Beef Bourginonne and rice	Main Course Shepherd's pie	Main Course Breaded plaice fillet Cod Mornay House chips	Open Day Spaghetti bolognaise	Brunch served 12.00-13.00
Vegetarian Option Potato gnocchi with a basil and tomato sauce	Vegetarian Option Roasted Squash With Lentil, Ricotta & Basil Oil	Vegetarian Option Pumpkin and potato pie	Vegetarian Option Sweet Potato, Tofu And Pea Curry	Vegetarian Option Cauliflower au gratin	Vegetarian Option Quorn bolognaise	Scrambled egg Grilled back bacon Pork sausage Hash browns Baked beans
Snack Item Baked fish cakes	Snack Item Jacket potato	Snack Item Savoury muffin	Snack Item Cheese and herb soufflé	Snack Item Cheese bean and potato pie	Snack Item Cheesy sausage rolls	Sautéed button mushrooms Grilled tomatoes White or brown toast Croissants Fresh fruit
Side Dishes Broccoli Sweetcorn	Side Dishes Cauliflower Peas and Carrots	Side Dishes Savoy Cabbage Green Beans	Side Dishes Cabbage Carrots	Side Dishes Garden Peas Baked beans	Side Dishes A medley of mixed vegetables	
Salad Carte, Cheese Plate, wraps and Sandwiches, Homemade cold desserts, Jelly pots and Chunky Fruit Platter						
Hot Dessert Lemon pancakes	Hot Dessert Pear Sponge with Custard	Dessert Croissant and butter pudding toffee sauce	Hot Dessert Sticky Date Pudding	Hot Dessert Orange Drizzle Cake with Cream	Dessert Chocolate cake and cream	



Weekly Menu



Moira House Lunch Menu - Week 6

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Sweet and sour Chicken with steamed rice	Beef Lasagne Garlic bread	Honey roasted gammon with roast potatoes	Turkey escalope with mustard sauce	Fish N Chips	Chefs dish of the day	
Vegetarian Option Grilled butternut squash with roasted Ratatouille	Vegetarian Option Aubergine Tikka Masala	Vegetarian Option Mushroom stroganoff and rice	Vegetarian Option Spaghetti with Artichoke, Spinach and Basil Dressing	Vegetarian Option Italian Stuffed Peppers		Scrambled egg Grilled back bacon Pork sausage Hash browns Baked beans
Snack Item Jacket potatoes	Snack Item Baked fish cakes	Snack Item Cheese and herb muffin	Snack Item Piri piri chicken wings	Snack Item Baked sausage roll		White or brown toast Croissants Fresh fruit
Side Dishes Broccoli Sweetcorn	Side Dishes Curly Kale Green Beans	Side Dishes Sweetheart Cabbage Baton Carrots	Side Dishes Medley of Vegetables	Side Dishes Garden Peas Mushy Peas		
Salad carte, Cheese Plate, wraps and Sandwiches, Homemade cold desserts, Jelly pots and Chunky Fruit Platter						
Hot Dessert Chocolate Brownies	Hot Dessert Apple & Raspberry Pie	Hot Dessert Pear Crumble	Hot Dessert Rice Pudding with Berry Compote	Hot Dessert Apple & Blueberry sponge		