

Monday

Lunch

Spaghetti Bolognese
Vegetable Bolognese
Garlic Bread
Carbonara Sauce
Sausage Rolls

Selection of Vegetables
Salad Bar/Bread Rolls

Jam Sponge & Custard
Jelly, Ice Cream, Yoghurt, Fruit

Dinner

Chicken Korma with Rice
Vegetable Korma with Rice
BBQ Chicken Wings
Bombay Potatoes
Poppadoms

Selection of Vegetables and Salad Bar

Treacle Tart & Custard
Jelly, Ice Cream, Fruit, Yoghurt

Friday

Lunch

Breaded Plaice
Fish Fingers
Chicken Pieces
Peas & Baked Beans

Selection of Vegetables
Salad Bar/Bread Rolls

Jelly, Ice Cream, Yoghurt, Fruit
Rice Pudding with Strawberry Jam
Home Made Mousse

Dinner

Chicken Biryani
Vegetable Stir Fry

Selection of Vegetables and Salad Bar

Trifle
Jelly, Ice Cream, Fruit, Yoghurt

Tuesday

Lunch

Beef & Pork
Meat Balls with Rice
Pasta Bake

Selection of Vegetables
Salad Bar/Bread Rolls

Lemon Meringue Pie & Cream
Jelly, Ice Cream, Yoghurt, Fruit

Dinner

Chicken & Mango Cous Cous
Stir Fry Beef
Vegetable Stir Fry

Selection of Vegetables and Salad Bar

Jelly, Ice Cream, Fruit, Yoghurt

Saturday

Lunch

Chicken Curry & Rice
Filled Baguette
Filled Croissants

Home Made Soup
Home Made Rolls

Selection of Vegetables
Salad Bar/Bread Rolls

Jelly, Ice Cream, Yoghurt, Fruit

Dinner

Southern Fried Chicken & Chips
Pasta Bake

Selection of Vegetables and Salad Bar

Jelly, Ice Cream, Fruit, Yoghurt

Wednesday

Lunch

Roast Beef
Yorkshire Puddings & Mint Sauce
Macaroni Cheese
Garlic Bread

Selection of Vegetables
Salad Bar/Bread Rolls

Chocolate Sponge with Chocolate Sauce
Jelly, Ice Cream, Yoghurt, Fruit

Dinner

Sweet & Sour Pork with Rice
BBQ Chicken Wings
Prawn Crackers

Selection of Vegetables and Salad Bar

Fresh Fruit Salad
Jelly, Ice Cream, Fruit, Yoghurt

Sunday

Brunch

Bacon, Sausage, Scrambled Egg
Hash Browns, Mushrooms,
Baked Beans
Muffins

Selection of Vegetables and Salad Bar

Jelly, Ice Cream, Fruit, Yoghurt

Dinner

Roast Turkey
Chipolata wrapped in Bacon
Cranberry Sauce
Vegetarian dish of the day

Selection of Vegetables
Salad Bar/Bread Rolls

Jam Sponge & Custard
Jelly, Ice Cream, Yoghurt, Fruit

Thursday

Lunch

Chicken a'la King with Rice
Home Made Pizza – Pepperoni
-Mushroom
-Pineapple & Sweetcorn
-Margarita

Selection of Vegetables
Salad Bar/Bread Rolls

Apple & Rhubarb Crumble with Custard
Jelly, Ice Cream, Yoghurt, Fruit

Dinner

Cottage Pie
Stuffed Peppers

Selection of Vegetables and Salad Bar

Jelly, Ice Cream, Fruit, Yoghurt



Spring Term Menu Week 5